

Improving and committing to greater  
**Sportsmanship** will be one  
of the ways that we advance  
**Lacrosse** further in the State  
of **Washington**



Notes:

This is a **discussion**, not a **mandate**.

This topic will continue to **evolve** with **your ideas**.

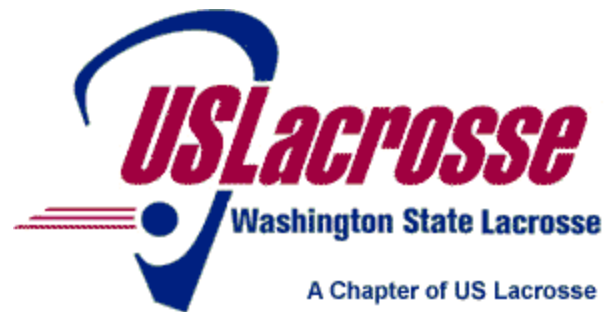


Questions to think about:

How would **you** define  
**Sportsmanship**?

Who has the **most** impact on  
**Sportsmanship**?

Does **Sportsmanship** really  
matter?



Remember your 'ROOTS\*'

Respect:

Rules

Opponents

Officials

Teammates

Self

\* from Positive Coaches Alliance, "Honor the Game,"  
<http://www.positivecoach.org/>



# Respect the Rules



Respecting the rules is **not** just about legal sticks. It is important to understand the rules and pass along that **knowledge** to everyone involved. Many **rules** are in place to promote greater sportsmanship, and more importantly - **safety**.

# Respect Your Opponents



Found out a month ago that his mom is battling cancer.

Carrying a 3.8 GPA; honor student. Not sure if he'll be able to afford college.

Both of these young men LOVE their teams and lacrosse.

Underneath the helmets, pads and eye black are young men, each with their own background story. Your opponent should be **respected**, not vilified.

# Respect Your Opponents

The objective of the game is for two teams to **compete** and have **fun**. Only one team will win the contest.

**Respect your opponent**; understand that the team you play against – coaches and players – has prepared for the contest to the best of their ability. Win as a team with honor and lose as a team with dignity.

# Respect the Officials



Got into work at 5 am, so he could leave early to work the game,

Is away from home 3 months during the season and is getting grief from his girlfriend.

Will be chased down in the parking lot after the game by a fan who thinks he lost the game for his team.

**Officials** are a vital part of the game; ensuring that the game is played within the rules and more importantly in a safe manner.

# Respect the Officials

**Officials** do work hard to cover the entire field to ensure that the game's outcome is decided **fairly**. For each team, there is only one opponent on the field. Officials also play a part in Sportsmanship and must show the same respect back to coaches and players that they expect as officials.

**Disagreements** over calls can be handled with **respect**. Focus on the call, not the individual making the call.

Assistants, players and fans follow the lead of the **head coach**.

# Respect Your Teammates



This sophomore is thinking about quitting the team because he's picked on every day for dropped passes.

Lacrosse games are won and lost as teams. Your teammates are friends for life – respect them as you would a family member.

# Respect Your Teammates

As a player, you have an obligation to **everyone** to be a great teammate. If your teammate needs encouragement, you can be there for him. If your teammate is going to make a bad decision – talk him out of it.

**Respect** your teammates by leading with your principles and sticking with them, even when it is not popular.

# Respect **Self**



Athletes should be encouraged to live up to their own highest personal standard of Honoring the Game, even when their opponents are not. Athletes respect for themselves and their own standards must come first.

# Discussion/Other Ideas?

